

WHAT CAN WE + DO?

In the New England Bulletin of the American Red Cross there is a splendid review of its work during the past year from which the following is an extract under the title of "The Human Side."

"The American Red Cross recognizes that our first duty for humanity in this war is the protection of our soldiers in France. I recognize also that this duty lies with the United States government and that the government is responsible for it. As a supplementary relief organization the Red Cross stands ready to co-operate with the government in this work, and to put its organization, money and supplies into service at the call of the American army whenever and wherever they can be of use. Fully realizing the disadvantages that are always met in a foreign country, and with the view of keeping our soldiers in touch with things American, the Red Cross begins at the port of landing in France by establishing rest stations. These rest stations extend inland toward the camps and are located in a series at junction points and railroad stations where the soldiers are required to wait for train connections.

"Chief work of the American Red Cross in helping care for wounded soldiers lies in its co-operation with the government in supplying an efficient nursing service; in assisting the Army Medical corps in cases of emergency, and in furnishing materials for hospitals. There were on March 1, 1918, more than twenty-three hundred American Red Cross nurses employed in base hospitals and in the French military hospitals throughout the republic. The total number of hospitals of various sorts in the French republic exceeds five thousand, and more than half of these are receiving all or part of their medical and surgical supplies from the American Red Cross.

Re-education.

"The re-education of mutilated sol-

diers is being carried on jointly by the French government and the American Red Cross. There are between fifty and sixty schools of various kinds for this work. The Red Cross has provided more than six hundred mutilated soldiers with artificial legs of the best type, and has established a factory near Paris where artificial limbs are manufactured. By arranging for consultation between the surgeon and the manufacturer, the Red Cross has been able to secure the best possible treatment for each case.

With the wanton destruction of homes by the German army and the uprooting of the population in the devastated regions, the home as an institution in France is in peril. Realizing this condition, the Red Cross is endeavoring to keep the soldiers' homes intact; to find homes for the outcast children who have neither homes nor parents, and to help the refugees and repatriates to find a place to live until they shall be able to rebuild their homes.

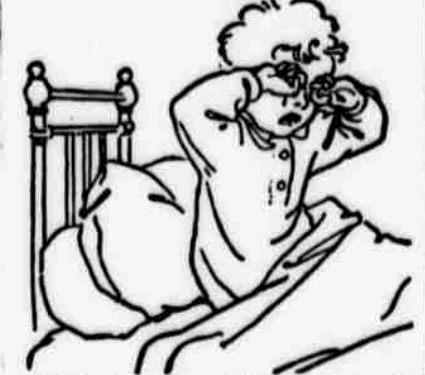
"The most telling work of the Red Cross in France, as far as helping to win the war goes, is the care of the families of the French soldiers. The Red Cross is giving to the needy families of these French soldiers supplies and money, according to their needs. "When the German army invaded France, hundreds of thousands of French people were driven from their homes and are now scattered throughout the republic. These people are known as refugees. The number has increased, of course, for various reasons until now there are more than 1,200,000, embracing all classes and ages, except able-bodied men. There are approximately 500,000 refugees in Paris alone.

"The housing of these people is one of the greatest problems of the French government. The American Red Cross is co-operating with the French government in this work."

A CHILD GETS SICK CROSS, FEVERISH IF CONSTIPATED

LOOK AT TONGUE! THEN GIVE FRUIT LAXATIVE FOR STOMACH, LIVER, BOWELS.

"CALIFORNIA SYRUP OF FIGS" CAN'T HARM CHILDREN AND THEY LOVE IT.



Mother! Your child isn't naturally cross and peevish. See if tongue is coated; this is a sure sign the little stomach, liver and bowels need a cleansing at once.

When listless, pale, feverish, full of cold, breath bad, throat sore, doesn't eat, sleep or act naturally, has stomach-ache, diarrhea, remember, a gentle liver and bowel cleansing should always be the first treatment given.

Nothing equals "California Syrup of Figs" for children's ills; give a teaspoonful, and in a few hours all the foul waste, sour bile and fermenting food which is clogged in the bowels passes out of the system, and you have a well and playful child again. All children love this harmless, delicious "fruit laxative," and it never fails to effect a good "inside" cleansing. Directions for babies, children of all ages and grown-ups are plainly on the bottle.

Keep it handy in your home. A little given today saves a sick child tomorrow, but get the genuine. Ask your druggist for a bottle of "California Syrup of Figs," then see that it is made by the "California Fig Syrup Company."—Adv.

Unnecessary Fears.

Of course the cloping couple's roller-skate of a car had no chance against the old man's high-powered roadster. He soon came up with them.

"Do not take her back," pleaded the young man with tears in his eyes. "Take her back?" echoed the stern parent. "Why, I have come to bring her knitting outfit and chewing gum so she would never have an excuse to come back."

FRECKLES

Now is the Time to Get Rid of These Ugly Spots.

There's no longer the slightest need of feeling ashamed of your freckles, as Othine—double strength—is guaranteed to remove these homely spots.

Simply get an ounce of Othine—double strength—from your druggist, and apply a little of it night and morning and you should soon see that even the worst freckles have begun to disappear, while the lighter ones have vanished entirely. It is seldom that more than one ounce is needed to completely clear the skin and gain a beautiful clear complexion.

Be sure to ask for the double strength Othine, as this is sold under guarantee of money back if it fails to remove freckles.—Adv.

Cutting Olive Trees Forbidden.

The felling of olive trees is forbidden by a decree published at Rome, which prohibits also the cutting of the principal branches of such trees except when pruning. It is provided that the regulations may be extended to mulberry trees and fruit trees by ministerial decree. The present decree is effective from the day of its publication until the end of the agricultural year following that in which peace is established.

Cuticura for Sore Hands.

Soak hands on retiring in the hot suds of Cuticura Soap, dry and rub in Cuticura Ointment. Remove surplus Ointment with soft tissue paper. For free samples address, "Cuticura, Dept. X, Boston." At druggists and by mail. Soap 25c. Ointment 25c and 50c.—Adv.

Sunshine and Clouds.

Only true friends stand by you when you are under a cloud. Insects surround you when the sun shines.

The Twirler's Luck. "It's lucky for me I'm not in the box," said the great baseball pitcher, as he paraded up and down the room with his tooth-cutting son and heir. "Why," asked his wife, sleepily. "Because," he answered, "I don't seem to have any control of the bowl."

The Strong Withstand the Heat of Summer Better Than the Weak. Old people who are feeble and younger people who are weak, will be strengthened and enabled to go through the depressing heat of summer by taking GROVE'S TASTELESS CHILL TONIC. It purifies and enriches the blood and builds up the whole system. You can soon feel its strengthening, invigorating effect. 50c.

Alfalfa in New Zealand.

The raising of lucerne or alfalfa in New Zealand is receiving much attention of late, and the different varieties are being tested, with the result that there was cut during 1917 three crops of Turkestan lucerne with a total of 61.5 long tons per acre of the green lucerne, weighing shortly after cutting 11½ tons of Peruvian per acre, 12½ tons of Polton, 11¼ tons of Russian, 12 tons of Spanish, 12½ tons of Hungarian, 14 tons of Patagonian, and 14¼ tons of Marlborough lucerne. It is estimated that the Patagonian and Marlborough lucerne, when converted into hay, would give an approximate yield of 3½ tons each, which at \$19.46 per ton gives a total value of \$68.13 per acre.

WOMEN SUFFERERS MAY NEED SWAMP-ROOT

Thousands upon thousands of women have kidney and bladder trouble and never suspect it.

Women's complaints often prove to be nothing else but kidney trouble, or the result of kidney or bladder disease.

If the kidneys are not in a healthy condition, they may cause the other organs to become diseased.

Pain in the back, headache, loss of ambition, nervousness, are often times symptoms of kidney trouble.

Don't delay starting treatment. Dr. Kilmer's Swamp-Root, a physician's prescription, obtained at any drug store, may be just the remedy needed to overcome such conditions.

Get a medium or large size bottle immediately from any drug store.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

He Probably Meant Raze.

Jones (suddenly become patriotic in planning to plant things)—I say, old man, how do you raise a garden?

Jones' Right Kick—First you get some seeds and plant them, then you buy a hen, and—

Jones—And then? The Right Kick—Then you leave it to the hen. She'll raise it.—Cartoons Magazine.

Ugh! Calomel Sickens; Salivates! Please Try Dodson's Liver Tone

I am sincere! My medicine does not upset liver and bowels so you lose a day's work.

You're bilious! Your liver is sluggish! You feel lazy, dizzy and all knocked out. Your head is dull, your tongue is coated; breath bad; stomach sour and bowels constipated. But don't take salivating calomel. It makes you sick; you may lose a day's work.

Calomel is mercury or quicksilver, which causes necrosis of the bones. Calomel crashes into your liver like dynamite, breaking it up. That's when you feel that awful nausea and cramping.

If you want to enjoy the nicest, gentlest liver and bowel cleansing you ever experienced just take a spoonful of harmless Dodson's Liver Tone tonight. Your druggist or dealer sells you a bottle of Dodson's Liver Tone for a few cents under my personal money-back guarantee that each spoon-

ful will clean your sluggish liver better than a dose of nasty calomel and that it won't make you sick.

Dodson's Liver Tone is real liver medicine. You'll know it next morning because you will wake up feeling fine, your liver will be working, your headache and dizziness gone, your stomach will be sweet and your bowels regular. You will feel like working; you'll be cheerful; full of vigor and ambition.

Dodson's Liver Tone is entirely vegetable, therefore harmless and can not salivate. Give it to your children. Millions of people are using Dodson's Liver Tone instead of dangerous calomel now. Your druggist will tell you that the sale of calomel is almost stopped entirely here.—Adv.

Couldn't Be Worse.

The Elector—No, sir; I'll vote for neither fellow!

The Candidate—But you've never seen him.

The Elector—No; but I've seen thee!

—London Tit-Bits.

Important to Mothers

Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the

Signature of *Dr. H. H. Fletcher* In Use for Over 30 Years. Children Cry for Fletcher's Castoria

World's Wool Supply.

Australia is reported to be the chief source of the world's wool supply, though it is said that South America and Australia have about the same number of sheep, approximately one hundred millions.

Kill All Flies! THEY SPREAD DISEASE

Place anywhere, Delay Fly Killer attracts and kills all flies. Tastes clean, odorless, convenient and cheap.

Delay Fly Killer kills all house flies, stable flies, and all other annoying flies. It is safe for all persons, animals and birds. Sold by all druggists. Price, 10c. per bottle. 100 bottles, \$10.00. W. N. U., Oklahoma City, No. 26-1918.

Itching Rashes

Soothed With Cuticura

Soap 25c. Ointment 25c and 50c.

PARKER'S HAIR BALM

A toilet preparation of merit. Helps to eradicate dandruff. For Restoring Color and Beauty to Gray or Faded Hair. 50c. and \$1.00 at Druggists.

W. N. U., Oklahoma City, No. 26-1918.

MORE STYLES IN SERVICE GARMENTS



Women are swarming into new activities to meet the needs of industry and to release men for service at the front. These war times call upon every individual to do some kind of work, excusing only the very old or the very young from active service. And women are acquitting themselves like men. They are getting down to business in uniforms scientifically designed to meet the requirements of the various kinds of work they have undertaken to do, and to meet their own sense of fitness. Many a smart uniform proclaims that its wearer is doing her bit by discharging the duties of some man who is "over there"—or on the way.

For the factory or farm or garden there are overalls and service suits like those shown in the picture. They prove to be immensely convenient for house work, and for outings in the woods or mountains there is nothing more comfortable and satisfactory as the service suit. For stamping, climbing and fishing it has any outfit that includes a skirt discredited; there is no comparison between them for convenience.

For work that does not demand breeches or bifurcated skirts there is

a service suit like this except that it has a skirt. All these suits are made of Warren Jean material in khaki color. Caps and hats to match are made to be worn with them.

Smart society women who have dedicated their cars and services to the government have donned a tunic uniform for driving them. Girls who are replacing young men as ushers in the theaters are uniformed in spirited coat and breeches suits with puttees and dashing little caps. Women serving in canteens like to be uniformed. Red Cross workers don cap and apron—everywhere the service garment is worn as a proud badge of duty fulfilled.

Julia Bottomley

Cheerful Looking Umbrellas.

Why should we look dull on a rainy day? We can be cheerful-looking even to our umbrella now, for the colored silk umbrella for rain or shine is to be popular this summer. This combination umbrella and parasol offers protection from sun and shower alike. Some of these umbrellas have ivory tips and ferrules to match the handles.

Middle Aged Women

Are Here Told the Best Remedy for Their Troubles.

Freemont, O.—"I was passing through the critical period of life, being forty-six years of age and had all the symptoms incident to that change—heat flashes, nervousness, and was in a general run down condition, so it was hard for me to do my work. Lydia E. Pinkham's Vegetable Compound was recommended to me as the best remedy for my troubles, which it surely proved to be. I feel better and stronger in every way since taking it, and the annoying symptoms have disappeared."—Mrs. M. GODDEN, 925 Napoleon St., Fremont, Ohio.

North Haven, Conn.—"Lydia E. Pinkham's Vegetable Compound restored my health after everything else had failed when passing through change of life. There is nothing like it to overcome the trying symptoms."—Mrs. FLORENCE ISLELLA, Box 197, North Haven, Conn.

In Such Cases

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

has the greatest record for the greatest good

LYDIA E. PINKHAM MEDICINE CO. LYNN, MASS.

GROVE'S BABY BOWEL MEDICINE

This valuable and harmless Baby Medicine is composed of the following:

BISMUTH, LIME, PEPSIN AND CATECHU WITH PURE SIMPLE SYRUP

Bismuth is healing to the mucous membrane of the stomach; the Lime neutralizes the acid where there is a sour stomach; the Pepsin digests any indigestible food that may be in the stomach, and the Catechu acts as a mild astringent to control the bowels where there is a disposition to Dysentery, Diarrhoea, Flux or Sick Stomach.

GROVE'S BABY BOWEL MEDICINE is not a patent medicine. We give the ingredients and tell the effect of each ingredient so that you can judge for yourself.

SPECIAL NOTICE.—This preparation does not contain Morphine or Opium in any form and we don't advocate the giving of Opiates unless it is absolutely necessary.

RELIEVES SOUR STOMACH

For Dyspeptics who are Troubled with Sour Stomach

AIDS DIGESTION

It Relieves Stomach and Bowel Trouble and is Just as Good for Adults as for Children

We have numerous letters on file from parties claiming that this preparation relieved their babies of Chronic Dysentery, where everything else had failed and where they had been troubled in this way for several years. Children like to take it.

For sale by all Dealers in Drugs.

Made and recommended to the public by PARIS MEDICINE CO., Manufacturers of LAXATIVE BROMO QUININE and GROVE'S TASTELESS CHILL TONIC, St. Louis, Mo.